Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GvHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
- Long Term Health Guidelines
- Building a Family after Transplant
- Pay it Forward

**CAR T-cell**
- CAR T-cell Basics
- Preparing for CAR T-cell therapy
- CAR T-cell Recovery
- Join the CAR T-cell Therapy community

**Directories**
- Transplant Centers
- Medical Centers Offering CAR T-cell Therapy
- Graft-versus-Host-Disease Directory
- Resource Directory

**Get Help**
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program
- Stories of Courage and Resilience
  - Sickle Cell: Khadijah's Story
  - Transplant Survivor - Surviving COVID-19
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Daniele™s Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jim™s Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story
  - Acute Myelogenous Leukemia (AML): Peter's Story
  - Hodgkin Disease: Jacqueline™s Story

**Video Learning Library**

**Events**
- Treatment Options for Patients with Sickle Cell Disease
- The Scars You Can't See Are the Hardest to Heal: Coping with the Impact of GVHD
- CAR T-cell Therapy for Multiple Myeloma
- Acute Myeloid Leukemia: Increasing Complexity and Increasing Treatment Opportunities
- Transplantation for Myelodysplastic Syndromes: What, When and How

**Publications and Products**

**Books**
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease What to Know, What to Do
- CAR T-cell Therapy: What to Expect Before, During and After
- Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
- Trasplantes de MA©ula A“sea y de CÁCulas Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
- Enfermedad Injerto contra Huésped: Que necesita saber, Que necesitas hacer.
- Terapia de CÁCulas CAR T: Que Necesitas Saber Antes, Durante y Después
- BMT InfoNet's Resource Directory

**Brochures**
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Living Well After Transplant
- Spanish Resources for Patients from BMT InfoNet
- Spanish Version: Eating Well, Living Well Brochure
- Spanish version: Helpful Hints for Caregiver

**T-Shirts**
- Strength T-Shirt
Chemo Brain T-shirt
Stop GVHD T-Shirt
Transplant: The Ultimate Makeover T-shirt (pink with white)
Transplant: The Ultimate Makeover T-shirt (navy with green)
Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
- Celebrating Life 2021 Calendar

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Preparing for Transplant

Learn what you need to do to prepare yourself and your family for a bone marrow, stem cell or cord blood transplant.

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* Home
* Preparing for Transplant

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