Transplant Basics

- **What is a Blood Stem Cell Transplant?**
- **Diseases Treated by Transplant**
- **Preparing for Transplant**
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- **Role of the Family Caregiver**
- **The Transplant and Early Recovery Period**
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- **Returning Home**
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- **Graft-versus-Host-Disease (GvHD)**
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- **Late Complications**
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- **Life after Transplant**
Long Term Health Guidelines
Building a Family after Transplant
Pay it Forward

CAR T-cell
- CAR T-cell Basics
- Preparing for CAR T-cell therapy
- CAR T-cell Recovery
- Medical Centers Offering CAR T-cell Therapy
- Join the CAR T-cell Therapy community

Transplant Center
Get Help
- COVID-19 and Transplant
- Managing Anxiety During COVID-19
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program
- Resource Directory
- Stories
  - Sickle Cell: Khadijah's Story
  - Transplant Survivor - Surviving COVID-19
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Danielâ€™s Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story
  - Acute Myelogenous Leukemia (AML): Peter's Story
  - Hodgkin Disease: Jacquelineâ€™s Story

Video Learning Library
Events
- GVHD Online Support Group

Publications and Products
- Books
  - Autologous Stem Cell Transplants: A Handbook for Patients
  - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
  - Graft-versus-Host Disease: What to Know, What to Do
  - CAR T-Cell Therapy: What to Expect Before, During and After
  - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
  - Trasplantes de MÃ©dula Ósea y de CÃ©lulas Madre SanguÃ­neas: Una GuÃ­a Para Pacientes y sus Seres Queridos
  - Enfermedad Injerto contra HuÃ©sped: QuÃ© necesita saber, QuÃ© necesita hacer.
  - Terapia de CÃ©lulas CAR T: QuÃ© Esperar Antes, Durante y DespÃ³r
  - BMT InfoNet's Resource Directory

- Brochures
  - BMTInfoNet Introductory Brochure
  - Helpful Hints for Caregivers
  - Caring Connections Program
  - Eating Well, Living Well after Transplant
  - Living Well After Transplant
  - Spanish Version: Eating Well, Living Well Brochure
  - Spanish version: Helpful Hints for Caregiver

- T-Shirts
  - Strength T-Shirt
  - Chemo Brain T-shirt
  - Stop GVHD T-Shirt
  - Transplant: The Ultimate Makeover T-shirt (pink with white)
  - Transplant: The Ultimate Makeover T-shirt (navy with green)
  - Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
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Preparing for Transplant

Learn what you need to do to prepare yourself and your family for a bone marrow, stem cell or cord blood transplant.

You are here

- Home
- Preparing for Transplant

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