Transplant Basics

- **What is a Blood Stem Cell Transplant?**
- **Diseases Treated by Transplant**
- **Preparing for Transplant**
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child’s Transplant
- **Role of the Family Caregiver**
- **The Transplant and Early Recovery Period**
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- **Returning Home**
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- **Graft-versus-Host-Disease (GVHD)**
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- **Late Complications**
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- **Life after Transplant**
- Long Term Health Guidelines
- Building a Family after Transplant
- Pay it Forward

- CAR T-cell
  - CAR T-cell Basics
  - Preparing for CAR T-cell therapy
  - CAR T-cell Recovery
  - Medical Centers Offering CAR T-cell Therapy
  - Join the CAR T-cell Therapy community

- Transplant Center
- Get Help
  - COVID-19 and Transplant
  - Managing Anxiety During COVID-19
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory
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  - Transplant Survivor - Surviving COVID-19
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  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Daniel's Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story
  - Acute Myelogenous Leukemia (AML): Peter's Story
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- Video Learning Library
- Events
  - 2021 Celebrating a Second Chance at Life Survivorship Symposium
    - Agenda 2021
    - Registration
    - Just Write: No Experience Required!
    - Meet Our Faculty
    - How Does a Virtual Symposium Work?
    - Sponsors
- Publications and Products
  - Books
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - TRANSPLANTES AUTÓLOGOS DE CÁLCULOS MADRE: UN MANUAL PARA PACIENTES
    - TRASPLANTE DE MACRÓCULAS LÓGICAS MADRE SANGUÍNEAS: UNA GUÍA PARA PACIENTES Y SUS SERES QUERIDOS
    - ENFERMEDAD INJERTO CONTRA HUÉSPED: QUÉ NECESITAS SABER, QUÉ NECESITAS HACER.
    - TERAPIA DE CÁLCULOS CAR T: QUÉ ESPERAR ANTES, DURANTE Y DESPUÉS
    - BMT InfoNet’s Resource Directory
  - Brochures
    - BMTInfoNet Introductory Brochure
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Spanish Resources for Patients from BMT InfoNet
    - Spanish Version: Eating Well, Living Well Brochure
    - Spanish version: Helpful Hints for Caregiver
  - T-Shirts
Strength T-Shirt  
Chemo Brain T-shirt  
Stop GVHD T-Shirt  
Transplant: The Ultimate Makeover T-shirt (pink with white)  
Transplant: The Ultimate Makeover T-shirt (navy with green)  
Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items  
Vintage Enamel Pendant - Red and Blue  
Vintage Enamel Pendant - White  
Vintage Enamel Pendant - Blue  
Gift of Life Necklaces (White Only)  
Turquoise Necklace  
Just Marrowed Cap  
Celebrating Life 2021 Calendar

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Publications and Products
Books
Donating Umbilical Cord Blood

Cells in the umbilical cord and placenta, which are discarded after birth, contain blood stem cells that can be used for transplant.