Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GvHD)
  - Acute Graft-versus-Host Disease (aGvHD)
  - Chronic Graft-versus-Host Disease (cGvHD)
  - Skin GVHD
  - Eyes and GVHD (Ocular GVHD)
  - Mouth and GVHD (Oral GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
- Long Term Health Guidelines
- Building a Family after Transplant
- Pay it Forward

- **CAR T-cell**
  - CAR T-cell Basics
  - Preparing for CAR T-cell therapy
  - CAR T-cell Recovery
  - Medical Centers offering CAR T-Cell Therapy
  - Join the CAR T-cell Therapy community

- **Find Treatment**
  - Transplant Centers
  - Medical Centers Offering CAR T-cell Therapy
  - Graft-versus-Host-Disease Directory
  - Mental Health Providers Directory

- **Get Help**
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory
  - Mental Health Providers Directory

- **Stories**
  - Transplant Survivor - Surviving COVID-19
  - Sickle Cell: Khadijah's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mitha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Danielâ€™s Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story
  - Acute Myelogenous Leukemia (AML): Peter's Story

- **Video Library**

- **Events**
  - COVID-19: Precautions, Vaccines and Treatments for Transplant Recipients
  - Support Group for GVHD Patients - Monday
  - Support Group for GVHD Caregivers - Tuesday

- **Publications and Products**
  - **Books**
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de Máculas de Células Madre: Sanguíneas: Una Guía para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.
    - Terapia de Células CAR T: Qué Esperar Antes, Durante y Después
    - BMT InfoNet's Resource Directory
  - **Brochures**
    - BMTInfoNet Introductory Brochure
    - Living with GVHD
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well: Living Well after Transplant
    - Living Well After Transplant
    - Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
    - Comer Bien y Vivir Bien Despues del Transplante (Eating Well, Living Well after Transplant)
    - Tarjeta Consejos Útiles para los Cuidadores (Helpful Hints for Caregivers)
  - **T-Shirts**
    - Strength T-Shirt
Gift Items
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
- Celebrating Life 2021 Calendar

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Conditioning or Preparative Regimen

Before your transplant, you will receive chemotherapy and/or total body irradiation to prepare your body to receive healthy blood stem cells.

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