Transplant Basics

- **What is a Blood Stem Cell Transplant?**
- **Diseases Treated by Transplant**
- **Preparing for Transplant**
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- **Role of the Family Caregiver**
- **The Transplant and Early Recovery Period**
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- **Returning Home**
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- **Graft-versus-Host-Disease (GVHD)**
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- **Late Complications**
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- **Life after Transplant**
- Long Term Health Guidelines
- Building a Family after Transplant
- Pay it Forward

- CAR T-cell
  - CAR T-cell Basics
  - Preparing for CAR T-cell therapy
  - CAR T-cell Recovery
  - Medical Centers Offering CAR T-cell Therapy
  - Join the CAR T-cell Therapy community

- Transplant Center
- Get Help
  - COVID-19 and Transplant
  - Managing Anxiety During COVID-19
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory
  - Stories of Courage and Resilience
    - Transplant Survivor - Surviving COVID-19
    - Sickle Cell: Khadijah's Story
    - Non-Hodgkin Lymphoma: Patricia's Story
    - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
    - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
    - Acute Lymphoblastic Lymphoma + Ph: Daniel's Story
    - Chronic Myelogenous Leukemia: Amanda's Story
    - Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
    - Longest Living Transplant Survivor: Nancy's Story
    - Multiple Myeloma: Vicki and Randy's Story
    - Hodgkin Disease: Matt's Story
    - Leukemia (AML): Braulio's Story
    - Myelofibrosis: Barry and Hope's Story
    - Pediatric Transplant: Alicia's Story
    - Multiple Myeloma: Thomas' Story
    - Acute Myelogenous Leukemia (AML): Peter's Story
    - Hodgkin Disease: Jacqueline's Story

- Video Learning Library
- Events
  - 2021 Celebrating a Second Chance at Life Survivorship Symposium
    - Agenda 2021
    - Registration
    - Just Write: No Experience Required!
    - Meet Our Faculty
    - How Does a Virtual Symposium Work?
    - Sponsors

- Publications and Products
  - Books
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease: What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de MÂ¢dula Â“sea y de CÃ©lulas Madre SanguÃneas: Una GuÃ­a Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra HuÃ©sped: QuÃ© necesita saber, QuÃ© necesita hacer
    - Terapia de CÃ©lulas CAR T: QuÃ© Esperar Antes, Durante y DespuÃ©s
    - BMTInfoNet's Resource Directory
  - Brochures
    - BMTInfoNet Introductory Brochure
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Spanish Resources for Patients from BMT InfoNet
    - Spanish Version: Eating Well, Living Well Brochure
    - Spanish version: Helpful Hints for Caregiver
  - T-Shirts
- Mouth and GVHD (Oral GVHD)
- Lungs and GVHD
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Conditioning or Preparative Regimen

Before your transplant, you will receive chemotherapy and/or total body irradiation to prepare your body to receive healthy blood stem cells.

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