Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GvHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
- Long Term Health Guidelines
- Building a Family after Transplant
- Pay it Forward

- CAR T-cell
  - CAR T-cell Basics
  - Preparing for CAR T-cell therapy
  - CAR T-cell Recovery
  - Join the CAR T-cell Therapy community

- Directories
  - Transplant Centers
  - Graft-versus-Host-Disease Directory
  - Medical Centers Offering CAR T-cell Therapy

- Get Help
  - COVID-19 and Transplant
  - Managing Anxiety During COVID-19
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory
  - Stories of Courage and Resilience
    - Transplant Survivor - Surviving COVID-19
    - Sickle Cell: Khadijah's Story
    - Non-Hodgkin Lymphoma: Patricia's Story
    - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
    - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
    - Acute Lymphoblastic Lymphoma + Ph: Daniel's Story
    - Chronic Myelogenous Leukemia: Amanda's Story
    - Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
    - Longest Living Transplant Survivor: Nancy's Story
    - Multiple Myeloma: Vicki and Randy's Story
    - Hodgkin Disease: Matt's Story
    - Leukemia (AML): Braulio's Story
    - Myelofibrosis: Barry and Hope's Story
    - Pediatric Transplant: Alicia's Story
    - Multiple Myeloma: Thomas' Story
    - Acute Myelogenous Leukemia (AML): Peter's Story
    - Hodgkin Disease: Jacqueline's Story

- Video Learning Library

- Events
  - 2021-Online Celebrating Second Chance Symposium
    - Agenda 2021
    - Meet Our Faculty
    - Sponsors

- Publications and Products
  - Books
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease: What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesitas saber, Qué necesitas hacer.
    - Terapia de Células CAR T: Qué necesitas saber, Qué necesitas hacer.
    - BMT InfoNet's Resource Directory

- Brochures
  - BMTInfoNet Introductory Brochure
  - Helpful Hints for Caregivers
  - Caring Connections Program
  - Eating Well, Living Well after Transplant
  - Living Well After Transplant
  - Spanish Resources for Patients from BMT InfoNet
  - Spanish Version: Eating Well, Living Well Brochure
  - Spanish Version: Helpful Hints for Caregiver

- T-Shirts
  - Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
- Celebrating Life 2021 Calendar

Search form

Search

Search

Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
- Emotional Challenges
- Preparing Family and Friends
- Insurance and Financial Issues
- Protect Your Fertility
- Preparing For Your Child's Transplant

Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period

Returning Home
- Preparing a Safe Home
- Preventing Infection
- Nutrition after Transplant
- Emotional Challenges After Transplant
- Employment and Financial Health
- Helping Children Cope

Graft-versus-Host-Disease (GvHD)
- Acute Graft-versus-Host Disease (aGVHD)
- Chronic Graft-versus-Host Disease (cGVHD)
- Skin GVHD
- Eyes and GVHD (Ocular GVHD)
- Mouth and GVHD (Oral GVHD)
Lungs and GVHD
Liver, Gastrointestinal Tract and GVHD
Genitals and GVHD
Nervous System and Muscles GVHD
Infection and GVHD
Side Effects of GVHD Treatment
Clinical Trials/New Treatments for GVHD
Coping with the Stress of GVHD

Late Complications
Learning and Memory Problems
Chronic Fatigue and Sleep Problems
Sexual Health after Transplant
Peripheral Neuropathy
Late Effects on Organs and Tissues
Secondary Cancer
Late Effects of a Pediatric Transplant
Relapse

Life after Transplant
Long Term Health Guidelines
Building a Family after Transplant
Pay it Forward

CAR T-cell
CAR T-cell Basics
Preparing for CAR T-cell therapy
CAR T-cell Recovery
Join the CAR T-cell Therapy community

Directories
Transplant Centers
Graft-versus-Host-Disease Directory
Medical Centers Offering CAR T-cell Therapy

Get Help
COVID-19 and Transplant
Managing Anxiety During COVID-19
Talk to a Survivor or Family Caregiver
Volunteer for our Peer Support Program
Resource Directory
Stories of Courage and Resilience
Sickle Cell: Khadijah's Story
Transplant Survivor - Surviving COVID-19
Non-Hodgkin Lymphoma: Patricia's Story
Acute Lymphoblastic Leukemia (ALL): Nikki's Story
Hemophagocytic Lymphohistiocytosis (HLH): Misha's Story
Acute Lymphoblastic Lymphoma + Ph: Danielâ€™s Story
Chronic Myelogenous Leukemia: Amanda's Story
Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
Longest Living Transplant Survivor: Nancy's Story
Multiple Myeloma: Vicki and Randy's Story
Hodgkin Disease: Matt's Story
Leukemia (AML): Braulio's Story
Myelofibrosis: Barry and Hope's Story
Pediatric Transplant: Alicia's Story
Multiple Myeloma: Thomas' Story
Acute Myelogenous Leukemia (AML): Peter's Story
Hodgkin Disease: Jacquelineâ€™s Story

Video Learning Library

Events
2021-Online Celebrating Second Chance Symposium
Agenda 2021
Meet Our Faculty
Sponsors

Publications and Products
Books
Autologous Stem Cell Transplants: A Handbook for Patients
Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
Graft-versus-Host Disease What to Know, What to Do
CAR T-Cell Therapy: What to Expect Before, During and After
Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.
Terapia de Células CAR T: Qué necesita saber, Qué necesita hacer.

Brochures
- BMTInfoNet Introductory Brochure
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Living Well After Transplant
- Spanish Resources for Patients from BMT InfoNet
- Spanish Version: Eating Well, Living Well Brochure
- Spanish version: Helpful Hints for Caregiver

T-Shirts
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
- Celebrating Life 2021 Calendar

Search form

Search

Search

Long Term Health Guidelines
Recommended tests and procedures to monitor your health.

You are here
- Home
- Long Term Health Guidelines

Search this page <

Share This Page

© 2021 BMT Infonet All rights reserved.