- Pay it Forward

- **CAR T-cell**
  - What is CAR T-cell Therapy?
  - Medical Centers Offering CAR T-cell Therapy
  - Join the CAR T-cell Therapy community

- **Transplant Centers**
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- **Get Help**
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  - Tips for Managing Anxiety in a Crisis
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- **Resource Directory**

- **Stories**
  - Transplant Survivor - Surviving COVID-19
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph Daniel's Story
  - Chronic Myelogenous Leukemia; Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia; Jinni's Story
  - Longest Living Transplant Survivor; Nancy's Story
  - Multiple Myeloma; Vicki and Randy's Story
  - Hodgkin Disease; Matt's Story
  - Leukemia (AML); Braulio's Story
  - Myelofibrosis; Barry and Hope's Story
  - Pediatric Transplant; Alicia's Story
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- **Video Learning Library**

- **Events**
  - GVHD Caregivers: Building Resilience for the Road to Recovery
  - Live Your Best Life: How to Manage Fatigue and Adapt Routines to Maximize Quality of Life with GVHD
  - Coronavirus: What Transplant Recipients Need to Know

- **Publications and Products**
  - **Books**
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease: What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de MÁdula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.

  - **Brochures**
    - BMT InfoNet's Resource Directory
    - BMTInfoNet Introductory Brochure
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Spanish Resources for Patients from BMT InfoNet
    - Spanish Version: Eating Well, Living Well Brochure
    - Spanish version: Helpful Hints for Caregiver

  - **T-Shirts**
    - Strength T-Shirt
    - Chemo Brain T-shirt
    - Stop GVHD T-Shirt
    - Transplant: The Ultimate Makeover T-shirt (pink with white)
    - Transplant: The Ultimate Makeover T-shirt (navy with green)
    - Transplant: The Ultimate Makeover T-shirt (navy with white)

  - **Gift Items**
    - Vintage Enamel Pendant - Red and Blue
    - Vintage Enamel Pendant - White
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  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
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    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GvHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Eyes and GVHD (Ocular GVHD)
  - Mouth and GVHD (Oral GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
Learning and Memory Problems
Chronic Fatigue and Sleep Problems
Sexual Health after Transplant
Peripheral Neuropathy
Late Effects on Organs and Tissues
Secondary Cancer
Late Effects of a Pediatric Transplant
Relapse

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  - Vintage Enamel Pendant - Red and Blue
  - Vintage Enamel Pendant - White
  - Vintage Enamel Pendant - Blue
  - Gift of Life Necklaces (White Only)
  - Turquoise Necklace
  - Just Marrowed Cap
  - Celebrating Life 2020 Calendar

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**Chronic Fatigue and Sleep Problems**

Chronic fatigue and sleep problems are common after transplant. You may need to adjust your activities and lifestyle for awhile.

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