Transplant Basics
- **What is a Blood Stem Cell Transplant?**
- **Diseases Treated by Transplant**
- **Preparing for Transplant**
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- **Role of the Family Caregiver**
- **The Transplant and Early Recovery Period**
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- **Returning Home**
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- **Graft-versus-Host-Disease**
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
  - Nervous System and Chronic GVHD
  - Infection and GVHD
  - Drugs Used to Treat Graft-versus-Host Disease
  - Coping with the Stress of GVHD
  - GVHD Caregivers
  - Clinical Trials/New Treatments for GVHD
- **Late Complications**
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
CAR T-cell therapy
- What is CAR T-cell therapy
- Medical Centers that offer CAR T-cell Therapy
- Steps Involved in CAR T-cell Therapy
- Side Effects of CAR T-cell therapy
- Follow-Up Care after CAR T-cell Therapy
- Coping with Stress During CAR T-cell Therapy
- The Role of the Caregiver
- Financial Considerations for CAR T-cell Therapy Patients
- Does CAR T-cell Therapy Cure Cancer?
Myelofibrosis: Justin's Story
Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
Juvenile Myelomonocytic Leukemia: Joseph's Story
Acute Myeloid Leukemia (AML): Tabatha's Story
Sézary Syndrome: Elizabeth's Story
Sickle Cell Disease: Dominique's Story
Acute Lymphoblastic Leukemia: Paige McCoy
T-cell-Lymphoma: Aananyauri Williams
Transplant Survivor - Surviving COVID-19
Pediatric Transplant: Alicia's Story
Acute Lymphoblastic Leukemia (ALL): Nikki's Story
Acute Lymphoblastic Leukemia + Ph: Danielâ€™s Story
Acute Myelogenous Leukemia (AML): Peter's Story
Acute Myeloid Leukemia (AML): Braulio's Story
Acute Myeloid Leukemia (AML): Heather's story
Aplastic Anemia - Nancy McLain, transplanted1963
Chronic Myelogenous Leukemia: Amanda's Story
Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
Hodgkin Disease: Jacquelineâ€™s Story
Hodgkin Disease: Matt's Story
Multiple Myeloma: Thomas' Story
Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
Myelofibrosis: Barry and Hope's Story
Non-Hodgkin Lymphoma: Patricia's Story
Sickle Cell: Khadijah's Story

Video Library
Events
Caregivers Support Group for adult patients with GVHD
Writing is Healing Workshop
GVHD Patient Support Group - Fall 2022
Celebrating a Second Chance at Life Symposium 2022
Publications & Products
Books
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease: What to Know, What to Do
- CAR T-Cell Therapy: What to Expect Before, During and After
- Transplantes Autólogos de Células Madre: Un Manual para Pacientes
- Transplantes de MA úculas: ¿sea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
- Enfermedad Injerto contra Huésped: ¿Qué necesita saber? ¿Qué necesita hacer?
- Terapia de Células CAR T: ¿Qué Esperar Antes, Durante y Después?
- BMT InfoNet's Resource Directory
Brochures
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
- Comer Bien y Vivir Bien Después de un Trasplante (Eating Well, Living Well after Transplant)
- Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)
T-Shirts
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)
Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
Chronic Fatigue and Sleep Problems

Chronic fatigue and sleep problems are common after transplant. You may need to adjust your activities and lifestyle for awhile.

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