Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant

- Role of the Family Caregiver

- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period

- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope

- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse

- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward

- GVHD
  - What is Graft-versus-Host-Disease
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
- Being A Caregiver: CAR T-Cell Therapy
- Writing is Healing Workshop
- Caregivers Support Group for adult patients with GVHD
- GVHD Patient Support Group - Fall 2022
- View 2022 Workshops

- **Publications**
  - **Books**
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de Médula Ósea y de Células Sanguíneas: Una Guía para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.
    - Terapia de Células CAR T: Qué Esperar Antes, Durante y Después
    - BMTInfoNet's Resource Directory
  - **Brochures**
    - BMTInfoNet Introductory Brochure
    - Living with GVHD
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
    - Comer Bien y Vivir Bien Despues Transplante (Eating Well, Living Well after Transplant)
    - Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)
  - **T-Shirts**
    - Strength T-Shirt
    - Chemo Brain T-shirt
    - Stop GVHD T-Shirt
    - Transplant: The Ultimate Makeover T-shirt (pink with white)
    - Transplant: The Ultimate Makeover T-shirt (navy with green)
    - Transplant: The Ultimate Makeover T-shirt (navy with white)
  - **Gift Items**
    - Vintage Enamel Pendant - Red and Blue
    - Vintage Enamel Pendant - White
    - Vintage Enamel Pendant - Blue
    - Gift of Life Necklaces (White Only)
    - Turquoise Necklace
    - Just Marrowed Cap

---

**Search form**

Search

Search

BMTinfonet.org

- Transplant Basics
  - What is a Blood Stem Cell Transplant?
  - Diseases Treated by Transplant
  - Preparing for Transplant
    - Choosing a Transplant Center
    - Pre-Transplant Tests
    - How Bone Marrow and Stem Cells are Collected
    - Finding a Donor
Get Help
- Caring Connections: Talk to a Survivor or Family Caregiver
- Caring Connections: Volunteer to provide Peer Support
- Support Groups
- Resource Directory
- Mental Health Providers Directory
- BMT InfoNet Patient Assistance Fund

Stories
- Spotlight on a Survivor: Multiple Myeloma Spencer's Story
- Transplant Survivor - Surviving COVID-19
- Acute Lymphoblastic Leukemia (ALL): Nikki's Story
- Acute Lymphoblastic Leukemia + Ph: Daniel's Story
- Acute Lymphoblastic Leukemia/Pediatric Transplant: Alicia's Story
- Acute Lymphoblastic Leukemia: Paige McCoy
- Acute Lymphoblastic Leukemia: Whitney's Story
- Acute Myelogenous Leukemia (AML): Peter's Story
- Acute Myeloid Leukemia (AML): Braulio's Story
- Acute Myeloid Leukemia (AML): Heather's story
- Acute Myeloid Leukemia (AML): Steve's Story
- Acute Myeloid Leukemia (AML): Tabatha's Story
- Aplastic Anemia - Nancy McLain, transplanted 1963
- Aplastic Anemia: Nancy's Story, transplanted 1960
- Chediak-Higashi Syndrome: Aanamyauri Williams
- Chronic Myelogenous Leukemia: Amanda's Story
- Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
- Hodgkin Disease: Jacqueline's Story
- Hodgkin Disease: Matt's Story
- Juvenile Myelomonocytic Leukemia: Joseph's Story
- Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
- Multiple Myeloma: Thomas' Story
- Myelofibrosis: Barry and Hope's Story
- Myelofibrosis: Justin's Story
- Non-Hodgkin Lymphoma: Patricia's Story
- Sâ©zary Syndrome: Elizabeth's Story
- Sickle Cell Disease: Dominique's story
- Sickle Cell: Khadijah's Story
- Share Your Story

Video Library

Events
- Being A Caregiver: CAR T-Cell Therapy
- Writing is Healing Workshop
- Caregivers Support Group for adult patients with GVHD
- GVHD Patient Support Group - Fall 2022
- View 2022 Workshops

Publications
- Books
  - Autologous Stem Cell Transplants: A Handbook for Patients
  - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
  - Graft-versus-Host Disease: What to Know, What to Do
  - CAR T-Cell Therapy: What to Expect Before, During and After
  - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
  - Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
  - Enfermedad Injerto contra Huésped: Qué necesitas saber, Qué necesitas hacer.
  - Terapia de Células CAR T: Qué Esperar Antes, Durante y Después
  - BMT InfoNet's Resource Directory

- Brochures
  - BMTInfoNet Introductory Brochure
  - Living with GVHD
  - Helpful Hints for Caregivers
Returning Home after Transplant

Returning home after transplant can be exhilarating, but it has its challenges as well.

You are here

- Home
- Returning Home after Transplant

Share this page

Share This Page

© 2022 BMT Infonet All rights reserved.