Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward
- GVHD
  - What is Graft-versus-Host-Disease
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
• Being A Caregiver: CAR T-Cell Therapy
• Writing is Healing Workshop
• Caregivers Support Group for adult patients with GVHD
• GVHD Patient Support Group - Fall 2022
• View 2022 Workshops

• Publications
• Books
  • Autologous Stem Cell Transplants: A Handbook for Patients
  • Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
  • Graft-versus-Host Disease What to Know, What to Do
  • CAR T-Cell Therapy: What to Expect Before, During and After
  • Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
  • Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
  • Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesita hacer.
  • Terapia de Células CAR T: Qué Esperar Antes, Durante y Después
  • BMT InfoNet’s Resource Directory

• Brochures
  • BMTInfoNet Introductory Brochure
  • Living with GVHD
  • Helpful Hints for Caregivers
  • Caring Connections Program
  • Eating Well, Living Well after Transplant
  • Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
  • Comer Bien y Vivir Bien Después de un Transplante (Eating Well, Living Well after Transplant)
  • Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)

• T-Shirts
  • Strength T-Shirt
  • Chemo Brain T-shirt
  • Stop GVHD T-Shirt
  • Transplant: The Ultimate Makeover T-shirt (pink with white)
  • Transplant: The Ultimate Makeover T-shirt (navy with green)
  • Transplant: The Ultimate Makeover T-shirt (navy with white)

• Gift Items
  • Vintage Enamel Pendant - Red and Blue
  • Vintage Enamel Pendant - White
  • Vintage Enamel Pendant - Blue
  • Gift of Life Necklaces (White Only)
  • Turquoise Necklace
  • Just Marrowed Cap

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Building a Family after Transplant

There are several paths to building a family after transplant.

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