Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
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  - Pay it Forward

- CAR T-cell
  - What is CAR T-cell Therapy?
  - Medical Centers Offering CAR T-cell Therapy
  - Join the CAR T-cell Therapy community

- Transplant Centers
  - Transplant Centers

- Get Help
  - COVID-19 and Transplant
    - Tips for Managing Anxiety in a Crisis
    - Talk to a Survivor or Family Caregiver
    - Volunteer for our Peer Support Program

- Resource Directory
  - Stories
    - Transplant Survivor - Surviving COVID-19
    - Non-Hodgkin Lymphoma: Patricia's Story
    - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
    - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
    - Acute Lymphoblastic Leukemia + Ph: Danielâ€™s Story
    - Chronic Myelogenous Leukemia: Amanda's Story
    - Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
    - Longest Living Transplant Survivor: Nancy's Story
    - Multiple Myeloma: Vicki and Randy's Story
    - Hodgkin Disease: Matt's Story
    - Leukemia (AML): Braulio's Story
    - Myelofibrosis: Barry and Hope's Story
    - Pediatric Transplant: Alicia's Story
    - Multiple Myeloma: Thomas' Story
    - Acute Myelogenous Leukemia (AML): Peter's Story
    - Hodgkin Disease: Jacquelineâ€™s Story

- Video Learning Library

- Events
  - GVHD Caregivers: Building Resilience for the Road to Recovery
  - COVID-19 Winter Update: What Transplant Recipients Need to Know
  - Live Your Best Life: How to Manage Fatigue and Adapt Routines to Maximize Quality of Life with GVHD
  - Name Every Leaf: A Journaling Workshop on Gratitude

- Publications and Products
  - Books
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesitas hacer.
    - Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos

- Brochures
  - BMH InfoNet's Resource Directory
  - BMH InfoNet Introductory Brochure
  - Helpful Hints for Caregivers
  - Caring Connections Program
  - Eating Well, Living Well after Transplant
  - Living Well After Transplant
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Early Recovery Period

After your transplant, your medical team will monitor you for potential complications and respond quickly if problems arise.

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