Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child’s Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
Long Term Health Guidelines
Building a Family after Transplant
Pay it Forward

CAR T-cell
- CAR T-cell Basics
- Preparing for CAR T-cell therapy
- CAR T-cell Recovery
- Medical Centers Offering CAR T-cell Therapy
- Join the CAR T-cell Therapy community

Transplant Center
Get Help
- COVID-19 and Transplant
- Managing Anxiety During COVID-19
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program
- Resource Directory

Stories
- Sickle Cell: Khadijah's Story
- Transplant Survivor - Surviving COVID-19
- Non-Hodgkin Lymphoma: Patricia's Story
- Acute Lymphoblastic Leukemia (ALL): Nikki's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
- Acute Lymphoblastic Lymphoma + Ph: Danielâ€™s Story
- Chronic Myelogenous Leukemia: Amanda's Story
- Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
- Longest Living Transplant Survivor: Nancy's Story
- Multiple Myeloma: Vicki and Randy's Story
- Hodgkin Disease: Matt's Story
- Leukemia (AML): Braulio's Story
- Myelofibrosis: Barry and Hope's Story
- Pediatric Transplant: Alicia's Story
- Multiple Myeloma: Thomas' Story
- Acute Myelogenous Leukemia (AML): Peter's Story
- Hodgkin Disease: Jacqueline's Story

Video Learning Library
Events
- GVHD Online Support Group

Publications and Products
Books
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease: What to Know, What to Do
- CAR T-Cell Therapy: What to Expect Before, During and After
- Trasplantes AutÃ³logos de CÃ¡lculos Madre: Un Manual para Pacientes
- Trasplantes de MÃ©dula Ósea y de CÃ¡lculos Madre SanguiÃ­neas: Una GuÃ­a Para Pacientes y sus Seres Queridos
- Enfermedad Injerto contra HuÃ©sped: QuÃ© necesita saber, QuÃ© necesita hacer
- Terapia de CÃ¡lculos CAR T: QuÃ© Esperar Antes, Durante y DespuÃ©s

Brochures
- BMTInfoNet Introductory Brochure
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Living Well After Transplant
- Spanish Version: Eating Well, Living Well Brochure
- Spanish version: Helpful Hints for Caregiver

Gift Items
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
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Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
- Celebrating Life 2021 Calendar

Search form

Nutrition after Transplant

Getting enough calories and nutrients after transplant is important for recovery. Learn how to manage eating difficulties that may occur.

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- Nutrition after Transplant

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