Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
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  - Protect Your Fertility
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- Role of the Family Caregiver
- The Transplant and Early Recovery Period
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- Returning Home
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  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GvHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
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  - Chronic Fatigue and Sleep Problems
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Pay it Forward

- CAR T-cell
  - What is CAR T-cell Therapy?
  - Medical Centers Offering CAR T-cell Therapy
  - Join the CAR T-cell Therapy community

- Transplant Centers
  - Transplant Centers

- Get Help
  - COVID-19 and Transplant
  - Tips for Managing Anxiety in a Crisis
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program

- Resource Directory

- Stories
  - Transplant Survivor - Surviving COVID-19
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Danielâ€™s Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
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  - Multiple Myeloma: Thomas' Story
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- Video Learning Library

- Events
  - GVHD Telephone Support Group for Caregivers
  - 2020 New Options Coming Soon! For Celebrating a Second Chance at Life Survivorship
    - New Options Coming Soon
    - Meet Our Distinguished Faculty
    - Symposium Sponsors

- Coronavirus: What Transplant Recipients Need to Know

- Publications and Products
  - Books
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease: What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de Médulas Oseas y de Células Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
    - Enfermedad Inmunitaria contra huésped: Qué necesita saber. Qué necesita hacer.
  - Brochures
    - BMTInfoNet's Resource Directory
    - BMTInfoNet Introductory Brochure
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Spanish Resources for Patients from BMT InfoNet
    - Spanish Version: Eating Well, Living Well Brochure
    - Spanish version: Helpful Hints for Caregiver
  - T-Shirts
    - Strength T-Shirt
    - Chemo Brain T-shirt
    - Stop GVHD T-Shirt
    - Transplant: The Ultimate Makeover T-shirt (pink with white)
    - Transplant: The Ultimate Makeover T-shirt (navy with green)
    - Transplant: The Ultimate Makeover T-shirt (navy with white)

- Gift Items
Search form

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Nutrition after Transplant

Getting enough calories and nutrients after transplant is important for recovery. Learn how to manage eating difficulties that may occur.

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