Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
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  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
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    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
Pay it Forward

- **CAR T**
  - What is CAR T Therapy?
  - Medical Centers Offering CAR T Therapy

- **Transplant Centers**
  - Transplant Centers

- **Get Help**
  - Tips for Managing Anxiety in a Crisis
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory

- **Stories**
  - Acute Myelogenous Leukemia (AML): Peter's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Daniel's Story
  - Chronic Myelogenous Leukemia; Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia; Jim's Story
  - Longest Living Transplant Survivor; Nancy's Story
  - Multiple Myeloma; Vicki and Randy's Story
  - Hodgkin Disease; Matt's Story
  - Leukemia (AML); Braulio's Story
  - Myelofibrosis; Barry and Hope's Story
  - Pediatric Transplant; Alicia's Story
  - Multiple Myeloma; Thomas' Story

- **Video Learning Library**

- **Events**
  - 2020 New Options Coming Soon! For Celebrating a Second Chance at Life Survivorship
    - Agenda for Saturday
    - Agenda for Sunday
    - Registration/Fee
    - Meet Our Distinguished Faculty
    - Symposium Sponsors
    - Become Symposium Exhibitor
  - Coronavirus: What Transplant Recipients Need to Know

- **Publications and Products**
  - Books
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease: What to Know. What to Do
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesita hacer.
  - Brochures
    - BMT InfoNet's Resource Directory
    - BMTInfoNet Introductory Brochure
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Spanish Resources for Patients from BMT InfoNet
    - Spanish Version: Eating Well, Living Well Brochure
    - Spanish version: Helpful Hints for Caregiver
  - T-Shirts
    - Strength T-Shirt
    - Chemo Brain T-shirt
    - Stop GVHD T-Shirt
    - Transplant: The Ultimate Makeover T-shirt (pink with white)
    - Transplant: The Ultimate Makeover T-shirt (navy with green)
    - Transplant: The Ultimate Makeover T-shirt (navy with white)
  - Gift Items
    - Vintage Enamel Pendant - Red and Blue
    - Vintage Enamel Pendant - White
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Nutrition after Transplant

Getting enough calories and nutrients after transplant is important for recovery. Learn how to manage eating difficulties that may occur.

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