Transplant Basics
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  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
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    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
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- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
Pay it Forward

CAR T
- What is CAR T Therapy?
- Medical Centers Offering CAR T Therapy

Transplant Centers
- Transplant Centers

Get Help
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program
- Resource Directory
- Stories
  - Acute Myelogenous Leukemia (AML): Peter's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Daniel's Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story

Video Learning Library

Events
- 2020 New Options Coming Soon! For Celebrating a Second Chance at Life Survivorship
  - Agenda for Saturday
  - Agenda for Sunday
  - Registration/Fee
  - Meet Our Distinguished Faculty
  - Symposium Sponsors
  - Become Symposium Exhibitor
- Coronavirus: What Transplant Recipients Need to Know

Publications and Products
- Books
  - Autologous Stem Cell Transplants: A Handbook for Patients
  - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
  - Graft-versus-Host Disease What to Know, What to Do
  - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
  - Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía para Pacientes y sus Seres Queridos
  - Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesita hacer
- Brochures
  - BMT InfoNet's Resource Directory
  - BMTInfoNet Introductory Brochure
  - Helpful Hints for Caregivers
  - Caring Connections Program
  - Eating Well, Living Well after Transplant
  - Living Well After Transplant
  - Spanish Resources for Patients from BMT InfoNet
  - Spanish Version: Eating Well, Living Well Brochure
  - Spanish version: Helpful Hints for Caregiver
- T-Shirts
  - Strength T-Shirt
  - Chemo Brain T-shirt
  - Stop GVHD T-Shirt
  - Transplant: The Ultimate Makeover T-shirt (pink with white)
  - Transplant: The Ultimate Makeover T-shirt (navy with green)
  - Transplant: The Ultimate Makeover T-shirt (navy with white)
- Gift Items
  - Vintage Enamel Pendant - Red and Blue
  - Vintage Enamel Pendant - White
  - Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
- Celebrating Life 2020 Calendar

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Nutrition after Transplant

Getting enough calories and nutrients after transplant is important for recovery. Learn how to manage eating difficulties that may occur.