Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward
- GVHD
  - What is Graft-versus-Host-Disease
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
Being A Caregiver: CAR T-Cell Therapy
Writing is Healing Workshop
Caregivers Support Group for adult patients with GVHD
GVHD Patient Support Group - Fall 2022
View 2022 Workshops

Publications

Books
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease: What to Know, What to Do
- CAR T-Cell Therapy: What to Expect Before, During and After
- Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
- Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
- Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesita hacer.
- Terapia de Células CAR T: Qué Esperar Antes, Durante y Después

Brochures
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
- Comer Bien y Vivir Bien Después de la Transplante (Eating Well, Living Well after Transplant)
- Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)

T-Shirts
- Strength T-Shirt
- Chemo Brain T-Shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap

Search form

Search
Search

BMTInfoNet.org

Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
- Choosing a Transplant Center
- Pre-Transplant Tests
- How Bone Marrow and Stem Cells are Collected
- Finding a Donor
CAR T-cell Therapy Centers
Graft-versus-Host-Disease Directory
Directory of Mental Health Providers

Get Help
Caring Connections: Talk to a Survivor or Family Caregiver
Caring Connections: Volunteer to provide Peer Support
Support Groups
Resource Directory
Mental Health Providers Directory
BMT InfoNet Patient Assistance Fund

Stories
Spotlight on a Survivor: Multiple Myeloma Spencer's Story
Transplant Survivor - Surviving COVID-19
Acute Lymphoblastic Leukemia (ALL): Nikki's Story
Acute Lymphoblastic Leukemia + Ph: Daniel's Story
Acute Lymphoblastic Leukemia/Pediatric Transplant: Alicia's Story
Acute Lymphoblastic Leukemia: Paige McCoy
Acute Lymphoblastic Leukemia: Whitney's Story
Acute Myelogenous Leukemia (AML): Peter's Story
Acute Myeloid Leukemia (AML): Braulio's Story
Acute Myeloid Leukemia (AML): Heather's story
Acute Myeloid Leukemia (AML): Steve's Story
Acute Myeloid Leukemia (AML): Tabatha's Story
Aplastic Anemia - Nancy McLain, transplanted 1963
Aplastic Anemia: Nancy's Story, transplanted 1960
Chediak-Higashi Syndrome: Aanamyauri Williams
Chronic Myelogenous Leukemia: Amanda's Story
Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
Hodgkin Disease: Jacqueline’s Story
Hodgkin Disease: Matt's Story
Juvenile Myelomonocytic Leukemia: Joseph's Story
Multiple Myeloma/Acute Myelogenous Leukemia: Jim’s Story
Multiple Myeloma: Thomas’ Story
Myelofibrosis: Barry and Hope's Story
Myelofibrosis: Justin's Story
Non-Hodgkin Lymphoma: Patricia's Story
Sézary Syndrome: Elizabeth's Story
Sickle Cell Disease: Dominique's story
Sickle Cell: Khadijah's Story
Share Your Story

Video Library

Events
Being A Caregiver: CAR T-Cell Therapy
Writing is Healing Workshop
Caregivers Support Group for adult patients with GVHD
GVHD Patient Support Group - Fall 2022
View 2022 Workshops

Publications
Books
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease What to Know, What to Do
- CAR T-Cell Therapy: What to Expect Before, During and After
- Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
- Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
- Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesitas hacer.
- Terapia de Células CAR T: Qué esperar Antes, Durante y Después
- BMT InfoNet's Resource Directory
Brochures
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
Caring Connections Program
Eating Well, Living Well after Transplant
Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
ComerBien y Vivir Bien Después Transplante (Eating Well, Living Well after Transplant)
Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)

- **T-Shirts**
  - Strength T-Shirt
  - Chemo Brain T-shirt
  - Stop GVHD T-Shirt
  - Transplant: The Ultimate Makeover T-shirt *(pink with white)*
  - Transplant: The Ultimate Makeover T-shirt *(navy with green)*
  - Transplant: The Ultimate Makeover T-shirt *(navy with white)*

- **Gift Items**
  - Vintage Enamel Pendant - Red and Blue
  - Vintage Enamel Pendant - White
  - Vintage Enamel Pendant - Blue
  - Gift of Life Necklaces *(White Only)*
  - Turquoise Necklace
  - Just Marrowed Cap

---

**Search form**

Search

Search

---

**Life after Transplant**

Many transplant survivors say their transplant gave them a new appreciation for life and new priorities.

**You are here**

- Home
- Life after Transplant

Share this page:

Share This Page

---

© 2022 BMT Infonet All rights reserved.