Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
Pay it Forward

**CAR T-cell**
- What is CAR T-cell Therapy?
- Medical Centers Offering CAR T-cell Therapy
- Join the CAR T-cell Therapy community

**Transplant Centers**
- Transplant Centers

**Get Help**
- COVID-19 and Transplant
- Tips for Managing Anxiety in a Crisis
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program

**Resource Directory**
- Transplant Survivor - Surviving COVID-19
- Non-Hodgkin Lymphoma: Patricia's Story
- Acute Lymphoblastic Leukemia (ALL): Nikki's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
- Acute Lymphoblastic Leukemia + Ph Daniel's Story
- Chronic Myelogenous Leukemia: Amanda's Story
- Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
- Longest Living Transplant Survivor: Nancy's Story
- Multiple Myeloma: Vicki and Randy's Story
- Hodgkin Disease: Matt's Story
- Leukemia (AML): Braulio's Story
- Myelofibrosis: Barry and Hope's Story
- Pediatric Transplant: Alicia's Story
- Multiple Myeloma: Thomas' Story
- Acute Myelogenous Leukemia (AML): Peter's Story
- Hodgkin Disease: Jacqueline's Story

**Video Learning Library**

**Events**
- GVHD Caregivers: Building Resilience for the Road to Recovery
- Live Your Best Life: How to Manage Fatigue and Adapt Routines to Maximize Quality of Life with GVHD
- Coronavirus: What Transplant Recipients Need to Know

**Publications and Products**

**Books**
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease: What to Know, What to Do
- CAR T-Cell Therapy: What to Expect Before, During and After
- Transplantation: What to Expect Before, During and After
- Transplantes de Células Madre: Un Manual para Pacientes
- Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.

**Brochures**
- BMT InfoNet's Resource Directory
- BMT InfoNet Introductory Brochure
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Living Well After Transplant
- Spanish Resources for Patients from BMT InfoNet
- Spanish Version: Eating Well, Living Well Brochure
- Spanish version: Helpful Hints for Caregiver

**T-Shirts**
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

**Gift Items**
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
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Preparing Family and Friends

The transplant will disrupt family routines for awhile. Learn how to prepare family members and accept friends' offers to help.