Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
Long Term Health Guidelines
Building a Family after Transplant
Pay it Forward

**CAR T-cell**
- CAR T-cell Basics
- Preparing for CAR T-cell therapy
- CAR T-cell Recovery
- Medical Centers Offering CAR T-cell Therapy
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**Transplant Center**

**Get Help**
- COVID-19 and Transplant
- Managing Anxiety During COVID-19
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- Resource Directory
- Stories of Courage and Resilience
  - Transplant Survivor - Surviving COVID-19
  - Sickle Cell: Khadijah's Story
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  - Pediatric Transplant: Alicia's Story
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**Video Learning Library**

**Events**
- 2021 Celebrating a Second Chance at Life Survivorship Symposium
  - Agenda 2021
  - Registration
  - Just Write: No Experience Required!
  - Meet Our Faculty
  - How Does a Virtual Symposium Work?
  - Sponsors

**Publications and Products**
- **Books**
  - Autologous Stem Cell Transplants: A Handbook for Patients
  - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
  - Graft-versus-Host Disease: What to Know, What to Do
  - CAR T-Cell Therapy: What to Expect Before, During and After
  - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
  - Trasplantes de MÃ©dula Ã“sea y de CÃ©lulas Madre SanguÃ­neas: Una GuÃ­a Para Pacientes y sus Seres Queridos
  - Enfermedad Injerto contra HuÃ©sped: QuÃ© necesita saber. QuÃ© necesita hacer.
  - Terapia de CÃ©lulas CAR T: QuÃ© Esperar Antes, Durante y DespuÃ©s
  - BMT InfoNet's Resource Directory

- **Brochures**
  - BMTInfoNet Introductory Brochure
  - Helpful Hints for Caregivers
  - Caring Connections Program
  - Eating Well, Living Well after Transplant
  - Living Well After Transplant
  - Spanish Resources for Patients from BMT InfoNet
  - Spanish Version: Eating Well, Living Well Brochure
  - Spanish version: Helpful Hints for Caregiver

- **T-Shirts**
- **Strength T-Shirt**
- **Chemo Brain T-shirt**
- **Stop GVHD T-Shirt**
- **Transplant: The Ultimate Makeover T-shirt (pink with white)**
- **Transplant: The Ultimate Makeover T-shirt (navy with green)**
- **Transplant: The Ultimate Makeover T-shirt (navy with white)**

- **Gift Items**
  - **Vintage Enamel Pendant - Red and Blue**
  - **Vintage Enamel Pendant - White**
  - **Vintage Enamel Pendant - Blue**
  - **Gift of Life Necklaces (White Only)**
  - **Turquoise Necklace**
  - **Just Marrowed Cap**
  - **Celebrating Life 2021 Calendar**

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Preparing Family and Friends

The transplant will disrupt family routines for awhile. Learn how to prepare family members and accept friends' offers to help.

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