Pay it Forward

- **CAR T**
  - What is CAR T Therapy?
  - Medical Centers Offering CAR T Therapy

- **Transplant Centers**
  - Transplant Centers

- **Get Help**
  - Tips for Managing Anxiety in a Crisis
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory

- **Stories**
  - Acute Myelogenous Leukemia (AML): Peter's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Daniel's Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story

- **Video Learning Library**

- **Events**
  - GVHD Telephone Support Group for Caregivers
  - 2020 New Options Coming Soon! For Celebrating a Second Chance at Life Survivorship
    - Agenda for Saturday
    - Agenda for Sunday
    - Registration/Fee
    - Meet Our Distinguished Faculty
    - Symposium Sponsors
    - Become Symposium Exhibitor

- **Coronavirus: What Transplant Recipients Need to Know**

- **Publications and Products**

  - **Books**
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease: What to Know, What to Do
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.

  - **Brochures**
    - BMT InfoNet's Resource Directory
    - BMTInfoNet Introductory Brochure
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Spanish Resources for Patients from BMT InfoNet
    - Spanish Version: Eating Well, Living Well Brochure
    - Spanish Version: Helpful Hints for Caregiver

  - **T-Shirts**
    - Strength T-Shirt
    - Chemo Brain T-shirt
    - Stop GVHD T-Shirt
    - Transplant: The Ultimate Makeover T-shirt (pink with white)
    - Transplant: The Ultimate Makeover T-shirt (navy with green)
    - Transplant: The Ultimate Makeover T-shirt (navy with white)

  - **Gift Items**
    - Vintage Enamel Pendant - Red and Blue
Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Eyes and GVHD (Ocular GVHD)
  - Mouth and GVHD (Oral GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
Preparing Family and Friends

The transplant will disrupt family routines for awhile. Learn how to prepare family members and accept friends' offers to help.