Transplant Basics

- **What is a Blood Stem Cell Transplant?**
- **Diseases Treated by Transplant**
- **Preparing for Transplant**
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- **Role of the Family Caregiver**
- **The Transplant and Early Recovery Period**
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- **Returning Home**
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- **Graft-versus-Host-Disease (GvHD)**
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Eyes and GVHD (Ocular GVHD)
  - Mouth and GVHD (Oral GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- **Late Complications**
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  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
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- Building a Family after Transplant
- Pay It Forward

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  - Preparing for CAR T-cell therapy
  - CAR T-cell Recovery
  - Medical Centers offering CAR T-Cell Therapy
  - Join the CAR T-cell Therapy community

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  - Medical Centers Offering CAR T-cell Therapy
  - Graft-versus-Host-Disease Directory
  - Mental Health Providers Directory

- Get Help
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- Stories
  - Transplant Survivor - Surviving COVID-19
  - Sickle Cell: Khadijah's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
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  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story
  - Acute Myelogenous Leukemia (AML): Peter's Story

- Video Library

- Events
  - COVID-19: Precautions, Vaccines and Treatments for Transplant Recipients
  - Support Group for GVHD Patients - Monday
  - Support Group for GVHD Caregivers - Tuesday

- Publications and Products
  - Books
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease: What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de MÁ©dula Ósea y de Células Madre SangüÍneas: Una GuÍa Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: QuÍ necesita saber. QuÍ necesita hacer.
    - Terapia de Células CAR T: QuÍ Esperar Antes, Durante y Después
    - BMT InfoNet's Resource Directory
  - Brochures
    - BMTInfoNet Introductory Brochure
    - Living with GVHD
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Recursos en EspaÍolas para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
    - Comer Bien y Vivir Bien Despues de Un Trasplante (Eating Well, Living Well after Transplant)
    - Tarjeta Consejos Útiles para los Cuidadores (Helpful Hints for Caregivers)
  - T-Shirts
    - Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)
- Gift Items
  - Vintage Enamel Pendant - Red and Blue
  - Vintage Enamel Pendant - White
  - Vintage Enamel Pendant - Blue
  - Gift of Life Necklaces (White Only)
  - Turquoise Necklace
  - Just Marrowed Cap
  - Celebrating Life 2021 Calendar

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How Bone Marrow and Stem Cells are Collected

The procedure to collect blood stem cells for your transplant is called a bone marrow harvest or peripheral blood stem cell harvest.

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