Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward

GVHD

- What is Graft-versus-Host-Disease
- Acute Graft-versus-Host Disease
- Chronic Graft-versus-Host Disease
- Skin and Chronic GVHD
- Joints, Fascia, Muscles and Chronic GVHD
- Eyes and Chronic GVHD (Ocular GVHD)
- Mouth and Chronic GVHD
- Lungs and Chronic GVHD
- Liver, Gastrointestinal Tract and Chronic GVHD
- Genitals and Chronic GVHD
- Nervous System and Chronic GVHD
- Infection and GVHD
- Drugs Used to Treat Graft-versus-Host Disease
- Coping with the Stress of GVHD
- GVHD Caregivers
- Graft-versus-Host-Disease Directory
- Clinical Trials/New Treatments for GVHD

- CAR T-cell therapy
  - What is CAR T-cell therapy
  - Steps Involved in CAR T-cell Therapy
  - Side Effects of CAR T-cell therapy
  - Follow-Up Care after CAR T-cell Therapy
  - Coping with Stress During CAR T-cell Therapy
  - The Role of the Caregiver
  - Financial Considerations for CAR T-cell Therapy Patients
  - Does CAR T-cell Therapy Cure Cancer?
  - CAR T-cell Therapy Directory
  - CAR T-cell Therapy Clinical Trials

- Find Treatment
  - Transplant Centers
  - CAR T-cell Therapy Centers
  - Graft-versus-Host-Disease Directory
  - Directory of Mental Health Providers

- Get Help
  - Caring Connections: Talk to a Survivor or Family Caregiver
  - Caring Connections: Volunteer to provide Peer Support
  - Support Groups
  - Resource Directory
  - Mental Health Providers Directory
  - BMT InfoNet Patient Assistance Fund

- Stories
  - Spotlight on a Survivor: Multiple Myeloma Spencer's Story
  - Transplant Survivor - Surviving COVID-19
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Acute Lymphoblastic Leukemia + Ph: Danielâ€™s Story
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  - Acute Lymphoblastic Leukemia: Paige McCoy
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  - Acute Myelogenous Leukemia (AML): Peter's Story
  - Acute Myeloid Leukemia (AML): Braulio's Story
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  - Aplastic Anemia - Nancy McLain, transplanted 1963
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  - Chediak-Higashi Syndrome: Aanamyauri Williams
  - Chronic Myelogenous Leukemia: Amanda's Story
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  - Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
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  - Hodgkin Disease: Jacqueline's Story
  - Hodgkin Disease: Matt's Story
  - Juvenile Myelomonocytic Leukemia: Joseph's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
  - Multiple Myeloma: Thomas' Story
  - Myelofibrosis: Barry and Hope's Story
  - Myelofibrosis: Justin's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - SÃ©zary Syndrome: Elizabeth's Story
  - Sickle Cell Disease: Dominique's story
  - Sickle Cell: Khadijah's Story
  - Share Your Story

- Video Library
- Events
- Being A Caregiver: CAR T-Cell Therapy
- Writing is Healing Workshop
- Caregivers Support Group for adult patients with GVHD
- GVHD Patient Support Group - Fall 2022
- View 2022 Workshops

**Publications**

**Books**
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease What to Know, What to Do
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- Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
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- Terapia de Células CAR T: Què Esperar Antes, Durante y Después
- BMT InfoNet's Resource Directory

**Brochures**
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
- Comer Bien y Vivir Bien Después Transplante (Eating Well, Living Well after Transplant)
- Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)

**T-Shirts**
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
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**Gift Items**
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
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Pay It Forward

After transplant, survivors and their family often look for ways to help other transplant patients. Learn how you can help.

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