Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward
- GVHD
  - What is Graft-versus-Host-Disease
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
Nervous System and Chronic GVHD
Infection and GVHD
Drugs Used to Treat Graft-versus-Host Disease
Coping with the Stress of GVHD
GVHD Caregivers
Graft-versus-Host-Disease Directory
Clinical Trials/New Treatments for GVHD

CAR T-cell therapy
- What is CAR T-cell therapy
- Steps Involved in CAR T-cell Therapy
- Side Effects of CAR T-cell therapy
- Follow-Up Care after CAR T-cell Therapy
- Coping with Stress During CAR T-cell Therapy
- The Role of the Caregiver
- Financial Considerations for CAR T-cell Therapy Patients
- Does CAR T-cell Therapy Cure Cancer?
- CAR T-cell Therapy Directory
- CAR T-cell Therapy Clinical Trials

Find Treatment
- Transplant Centers
- CAR T-cell Therapy Centers
- Graft-versus-Host-Disease Directory
- Directory of Mental Health Providers

Get Help
- Caring Connections: Talk to a Survivor or Family Caregiver
- Caring Connections: Volunteer to provide Peer Support
- Support Groups
- Resource Directory
- Mental Health Providers Directory
- BMT InfoNet Patient Assistance Fund

Stories
- Spotlight on a Survivor: Multiple Myeloma Spencer's Story
- Transplant Survivor - Surviving COVID-19
- Acute Lymphoblastic Leukemia (ALL): Nikki's Story
- Acute Lymphoblastic Leukemia + Ph: Daniel's Story
- Acute Lymphoblastic Leukemia/Pediatric Transplant: Alicia's Story
- Acute Lymphoblastic Leukemia: Paige McCoy
- Acute Lymphoblastic Leukemia: Whitney's Story
- Acute Myelogenous Leukemia (AML): Peter's Story
- Acute Myeloid Leukemia (AML): Braulio's Story
- Acute Myeloid Leukemia (AML): Heather's story
- Acute Myeloid Leukemia (AML): Steve's Story
- Acute Myeloid Leukemia (AML): Tabatha's Story
- Aplastic Anemia - Nancy McLain, transplanted 1963
- Aplastic Anemia: Nancy's Story, transplanted 1960
- Chediak-Higashi Syndrome: Aanamyauri Williams
- Chronic Myelogenous Leukemia: Amanda's Story
- Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Mistia's Story
- Hodgkin Disease: Jacqueline's Story
- Hodgkin Disease: Matt's Story
- Juvenile Myelomonocytic Leukemia: Joseph's Story
- Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
- Multiple Myeloma: Thomas' Story
- Myelofibrosis: Barry and Hope's Story
- Myelofibrosis: Justin's Story
- Non-Hodgkin Lymphoma: Patricia's Story
- Sézary Syndrome: Elizabeth's Story
- Sickle Cell Disease: Dominique's story
- Sickle Cell: Khadijah's Story
- Share Your Story

Video Library
Events
- Being A Caregiver: CAR T-Cell Therapy
- Writing is Healing Workshop
- Caregivers Support Group for adult patients with GVHD
- GVHD Patient Support Group - Fall 2022
- View 2022 Workshops

**Publications**

**Books**
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease What to Know, What to Do
- CAR T-Cell Therapy: What to Expect Before, During and After
- Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
- Trasplantes de Médula Ósea y de Células Madre Sangüíneas: Una Guía Para Pacientes y sus Seres Queridos
- Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.
- Terapia de Células CAR T: Qué Esperar Antes, Durante y Después
- BMT InfoNet's Resource Directory

**Brochures**
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
- Comer Bien y Vivir Bien Después de la Transplante (Eating Well, Living Well after Transplant)
- Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)

**T-Shirts**
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

**Gift Items**
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap

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Search form

Search

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Preparing a Safe Home

You'll need a place to recover that minimizes your risk of developing an infection until your immune system fully recovers.

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