Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Eyes and GVHD (Ocular GVHD)
  - Mouth and GVHD (Oral GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
- Long Term Health Guidelines
- Building a Family after Transplant
- Pay it Forward

**CAR T-cell**
- CAR T-cell Basics
- Preparing for CAR T-cell therapy
- CAR T-cell Recovery
- Medical Centers offering CAR T-Cell Therapy
- Join the CAR T-cell Therapy community

**Find Treatment**
- Transplant Centers
- Medical Centers Offering CAR T-cell Therapy
- Graft-versus-Host-Disease Directory
- Mental Health Providers Directory

**Get Help**
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program
- Resource Directory
- Mental Health Providers Directory

**Stories**
- Transplant Survivor - Surviving COVID-19
- Sickle Cell: Khadijah's Story
- Non-Hodgkin Lymphoma: Patricia's Story
- Acute Lymphoblastic Leukemia (ALL): Nikki's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
- Acute Lymphoblastic Lymphoma + Ph: Daniel’s Story
- Chronic Myelogenous Leukemia: Amanda’s Story
- Multiple Myeloma/Acute Myelogenous Leukemia: Jim’s Story
- Longest Living Transplant Survivor: Nancy's Story
- Multiple Myeloma: Vicki and Randy's Story
- Hodgkin Disease: Matt's Story
- Leukemia (AML): Braulio's Story
- Myelofibrosis: Barry and Hope's Story
- Pediatric Transplant: Alicia's Story
- Multiple Myeloma: Thomas' Story
- Acute Myelogenous Leukemia (AML): Peter's Story

**Video Library**

**Events**
- COVID-19: Precautions, Vaccines and Treatments for Transplant Recipients
- Support Group for GVHD Patients - Monday
- Support Group for GVHD Caregivers - Tuesday

**Publications and Products**
- **Books**
  - Autologous Stem Cell Transplants: A Handbook for Patients
  - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
  - Graft-versus-Host Disease What to Know, What to Do
  - CAR T-Cell Therapy: What to Expect Before, During and After
  - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
  - Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía para Pacientes y sus Seres Queridos
  - Enfermedad Injerto contra Huésped: ¿Qué necesita sabes? ¿Qué necesitas hacer?
  - Terapia de Células CAR T: Què necesitas hacer antes, durante y después?
  - BMT InfoNet's Resource Directory

- **Brochures**
  - BMTInfoNet Introductory Brochure
  - Living with GVHD
  - Helpful Hints for Caregivers
  - Caring Connections Program
  - Eating Well, Living Well after Transplant
  - Living Well After Transplant
  - Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
  - Comer Bien y Vivir Bien Después del Transplante (Eating Well, Living Well after Transplant)
  - Tarjeta Consejos Útiles para los Cuidadores (Helpful Hints for Caregivers)
- **T-Shirts**
  - Strength T-Shirt
Chemo Brain T-shirt
Stop GVHD T-Shirt
Transplant: The Ultimate Makeover T-shirt (pink with white)
Transplant: The Ultimate Makeover T-shirt (navy with green)
Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap
- Celebrating Life 2021 Calendar

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Peripheral Neuropathy

Pain and tingling in hands and feet sometimes occurs after transplant.

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