Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GvHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Eyes and GVHD (Ocular GVHD)
  - Mouth and GVHD (Oral GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
- Long Term Health Guidelines
- Building a Family after Transplant
- Pay it Forward

- **CAR T-cell Therapy**
  - CAR T-cell Basics
  - Preparing for CAR T-cell therapy
  - CAR T-cell Recovery
  - Medical Centers offering CAR T-Cell Therapy
  - Join the CAR T-cell Therapy community

- **Find Treatment**
  - Transplant Centers
  - Medical Centers Offering CAR T-cell Therapy
  - Graft-versus-Host-Disease Directory
  - Mental Health Providers Directory

- **Get Help**
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory
  - Mental Health Providers Directory

- **Stories**
  - Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
  - Transplant Survivor - Surviving COVID-19
  - Sickle Cell: Khadidja's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
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  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Braulio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story
  - Chronic Myelogenous Leukemia: Amanda's Story

- **Video Library**

- **Events**
  - CAR T-Cell Therapy or Stem Cell Transplant: Which is Best for Lymphoma Patients?
  - Support Group for GVHD Patients - Monday
  - Support Group for GVHD Caregivers - Tuesday

- **Publications & Products**
  - **Books**
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes AutÃ³logos de CÃ©lulas Madre: Un Manual para Pacientes
    - Trasplantes de MÃ©dula BÃºsea y de CÃ©lulas Madre SanguÃ­neas: Una GuÃ­a Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra HuÃ©sped: QuÃ© necesita saber, QuÃ© necesita hacer.
    - Terapia de CÃ©lulas CAR T: QuÃ© Esperar Antes, Durante y Después
    - BMT InfoNet's Resource Directory
  - **Brochures**
    - BMTInfoNet Introductory Brochure
    - Living with GVHD
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Living Well After Transplant
    - Recursos en EspaÃ±ol para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
    - Comer Bien y Vivir Bien Después del Transplante (Eating Well, Living Well after Transplant)
    - Tarjeta Consejos Útiles para los Cuidadores (Helpful Hints for Caregivers)
  - **T-Shirts**
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

- Gift Items
  - Vintage Enamel Pendant - Red and Blue
  - Vintage Enamel Pendant - White
  - Vintage Enamel Pendant - Blue
  - Gift of Life Necklaces (White Only)
  - Turquoise Necklace
  - Just Marrowed Cap
  - Celebrating Life 2021 Calendar

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Peripheral Neuropathy

Pain and tingling in hands and feet sometimes occurs after transplant.

You are here

- Home
- Peripheral Neuropathy

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