Pay it Forward

CAR T-cell
- What is CAR T-cell Therapy?
- Medical Centers Offering CAR T-cell Therapy
- Join the CAR T-cell Therapy community

Transplant Centers
- Transplant Centers

Get Help
- COVID-19 and Transplant
- Tips for Managing Anxiety in a Crisis
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program
- Resource Directory
- Stories
  - Transplant Survivor - Surviving COVID-19
  - Non-Hodgkin Lymphoma: Patricia’s Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki’s Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha’s Story
  - Acute Lymphoblastic Lymphoma + Ph: Daniel’s Story
  - Chronic Myelogenous Leukemia: Amanda’s Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jim’s Story
  - Longest Living Transplant Survivor: Nancy’s Story
  - Multiple Myeloma: Vicki and Randy’s Story
  - Hodgkin Disease: Matt’s Story
  - Leukemia (AML): Braulio’s Story
  - Myelofibrosis: Barry and Hope’s Story
  - Pediatric Transplant: Alicia’s Story
  - Multiple Myeloma: Thomas’ Story
  - Acute Myelogenous Leukemia (AML): Peter’s Story
  - Hodgkin Disease: Jacqueline’s Story

Video Learning Library

Events
- GVHD Caregivers: Building Resilience for the Road to Recovery
- Live Your Best Life: How to Manage Fatigue and Adapt Routines to Maximize Quality of Life with GVHD
- Coronavirus: What Transplant Recipients Need to Know

Publications and Products
- Books
  - Autologous Stem Cell Transplants: A Handbook for Patients
  - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
  - Graft-versus-Host Disease What to Know, What to Do
  - CAR T-Cell Therapy: What to Expect Before, During and After
  - Transplantes Autólogos de Células Madre: Un Manual para Pacientes
  - Trasplantes de Médula Ósea y de Células Madre: Una Guía Para Pacientes y sus Seres Queridos
  - Enfermedad Injerto contra Huésped: Qué necesita saber Qué necesita hacer
- Brochures
  - BMT InfoNet’s Resource Directory
  - BMTInfoNet Introductory Brochure
  - Helpful Hints for Caregivers
  - Caring Connections Program
  - Eating Well, Living Well after Transplant
  - Living Well After Transplant
  - Spanish Resources for Patients from BMT InfoNet
  - Spanish Version: Eating Well, Living Well Brochure
  - Spanish version: Helpful Hints for Caregiver
- T-Shirts
  - Strength T-Shirt
  - Chemo Brain T-shirt
  - Stop GVHD T-Shirt
  - Transplant: The Ultimate Makeover T-shirt (pink with white)
  - Transplant: The Ultimate Makeover T-shirt (navy with green)
  - Transplant: The Ultimate Makeover T-shirt (navy with white)
- Gift Items
  - Vintage Enamel Pendant - Red and Blue
  - Vintage Enamel Pendant - White
Transplant Basics
  • What is a Blood Stem Cell Transplant?
  • Diseases Treated by Transplant
  • Preparing for Transplant
    ■ Choosing a Transplant Center
    ■ Pre-Transplant Tests
    ■ How Bone Marrow and Stem Cells are Collected
    ■ Finding a Donor
    ■ Being a Related Donor
    ■ Being an Unrelated Donor
      ■ Donating Umbilical Cord Blood
    ■ Emotional Challenges
    ■ Preparing Family and Friends
    ■ Insurance and Financial Issues
    ■ Protect Your Fertility
    ■ Preparing For Your Child's Transplant
  • Role of the Family Caregiver
  • The Transplant and Early Recovery Period
    ■ Conditioning or Preparative Regimen
    ■ Day of Transplant
    ■ Early Recovery Period
  • Returning Home
    ■ Preparing a Safe Home
    ■ Preventing Infection
    ■ Nutrition after Transplant
    ■ Emotional Challenges After Transplant
    ■ Employment and Financial Health
    ■ Helping Children Cope
  • Graft-versus-Host-Disease (GvHD)
    ■ Acute Graft-versus-Host Disease (aGVHD)
    ■ Chronic Graft-versus-Host Disease (cGVHD)
    ■ Skin GVHD
    ■ Eyes and GVHD (Ocular GVHD)
    ■ Mouth and GVHD (Oral GVHD)
    ■ Lungs and GVHD
    ■ Liver, Gastrointestinal Tract and GVHD
    ■ Genitals and GVHD
    ■ Nervous System and Muscles GVHD
    ■ Infection and GVHD
    ■ Side Effects of GVHD Treatment
    ■ Clinical Trials/New Treatments for GVHD
    ■ Coping with the Stress of GVHD
  • Late Complications
- Learning and Memory Problems
- Chronic Fatigue and Sleep Problems
- Sexual Health after Transplant
- Peripheral Neuropathy
- Late Effects on Organs and Tissues
- Secondary Cancer
- Late Effects of a Pediatric Transplant
- Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
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Relapse

Transplant provides hope for a cure, but its success is not guaranteed.

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