Transplant Basics

- **What is a Blood Stem Cell Transplant?**
- **Diseases Treated by Transplant**
- **Preparing for Transplant**
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- **Role of the Family Caregiver**
- **The Transplant and Early Recovery Period**
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- **Returning Home**
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- **Graft-versus-Host-Disease**
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
  - Nervous System and Chronic GVHD
  - Infection and GVHD
  - Drugs Used to Treat Graft-versus-Host Disease
  - Coping with the Stress of GVHD
  - GVHD Caregivers
  - Clinical Trials/New Treatments for GVHD
- **Late Complications**
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
- Relapse
  - Life after Transplant
    - Long Term Health Guidelines
    - Building a Family after Transplant
    - Pay it Forward
- CAR T-cell therapy
  - What is CAR T-cell therapy
  - Medical Centers that offer CAR T-cell Therapy
  - Steps Involved in CAR T-cell Therapy
  - Side Effects of CAR T-cell therapy
  - Follow-Up Care after CAR T-cell Therapy
  - Coping with Stress During CAR T-cell Therapy
  - The Role of the Caregiver
  - Financial Considerations for CAR T-cell Therapy Patients
  - Does CAR T-cell Therapy Cure Cancer?
- Find Treatment
  - Transplant Centers
  - Medical Centers that Offer CAR T-cell Therapy
  - Graft-versus-Host-Disease Directory
  - Directory of Mental Health Providers
- Get Help
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Support Groups
  - Resource Directory
  - BMT InfoNet Patient Assistance Fund
  - Mental Health Providers Directory
- Stories
  - Myelofibrosis: Justin's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
  - Juvenile Myelomonocytic Leukemia: Joseph's Story
  - Acute Myeloid Leukemia (AML): Tabatha's Story
  - Sézary Syndrome: Elizabeth's Story
  - Sickle Cell Disease: Dominique's story
  - Acute Lymphoblastic Leukemia: Paige McCoy
  - Chediak-Higashi Syndrome: Aanayauri Williams
  - Transplant Survivor - Surviving COVID-19
  - Pediatric Transplant: Alicia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Acute Lymphoblastic Leukemia + Ph: Danielâ€™s Story
  - Acute Myelogenous Leukemia (AML): Peter's Story
  - Acute Myeloid Leukemia (AML): Braulio's Story
  - Acute Myeloid Leukemia (AML): Heather's story
  - Acute Myeloid Leukemia (AML): Steve's Story
  - Aplastic Anemia - Nancy McLain, transplanted 1963
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Hodgkin Disease: Jacquelineâ€™s Story
  - Hodgkin Disease: Matt's Story
  - Multiple Myeloma: Thomas' Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jimmy's Story
  - Myelofibrosis: Barry and Hope's Story
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Sickle Cell: Khadijah's Story
- Video Library
- Events
  - Caregivers Support Group for adult patients with GVHD
  - Writing is Healing Workshop
  - GVHD Patient Support Group - Fall 2022
  - Celebrating a Second Chance at Life Symposium 2022
- Publications & Products
  - Books
    - Autologous Stem Cell Transplant: A Handbook for Patients
Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
Graft-versus-Host Disease What to Know, What to Do
CAR T-Cell Therapy: What to Expect Before, During and After
Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.
Terapia de Células CAR T: Qué Esperar Antes, Durante y Después
BMT InfoNet's Resource Directory

Brochures
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
- Comer Bien y Vivir Bien Despues Transplante (Eating Well, Living Well after Transplant)
- Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)

T-Shirts
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

Gift Items
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap

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Follow-Up Care after CAR T-cell Therapy

After CAR T-cell therapy, patients visit the outpatient clinic frequently to be checked for potential side effects.

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