Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
    - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Graft-versus-Host-Disease (GVHD)
  - Acute Graft-versus-Host Disease (aGVHD)
  - Chronic Graft-versus-Host Disease (cGVHD)
  - Skin GVHD
  - Mouth and GVHD (Oral GVHD)
  - Eyes and GVHD (Ocular GVHD)
  - Lungs and GVHD
  - Liver, Gastrointestinal Tract and GVHD
  - Genitals and GVHD
  - Nervous System and Muscles GVHD
  - Infection and GVHD
  - Side Effects of GVHD Treatment
  - Clinical Trials/New Treatments for GVHD
  - Coping with the Stress of GVHD
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
Pay it Forward

- CAR T-cell
  - What is CAR T-cell Therapy?
  - Medical Centers Offering CAR T-cell Therapy
  - Join the CAR T-cell Therapy community

- Transplant Centers
  - Transplant Centers

- Get Help
  - COVID-19 and Transplant
  - Tips for Managing Anxiety in a Crisis
  - Talk to a Survivor or Family Caregiver
  - Volunteer for our Peer Support Program
  - Resource Directory

- Stories
  - Transplant Survivor - Surviving COVID-19
  - Non-Hodgkin Lymphoma: Patricia's Story
  - Acute Lymphoblastic Leukemia (ALL): Nikki's Story
  - Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
  - Acute Lymphoblastic Lymphoma + Ph: Daniel's Story
  - Chronic Myelogenous Leukemia: Amanda's Story
  - Multiple Myeloma/Acute Myelogenous Leukemia: Jim's Story
  - Longest Living Transplant Survivor: Nancy's Story
  - Multiple Myeloma: Vicki and Randy's Story
  - Hodgkin Disease: Matt's Story
  - Leukemia (AML): Brailio's Story
  - Myelofibrosis: Barry and Hope's Story
  - Pediatric Transplant: Alicia's Story
  - Multiple Myeloma: Thomas' Story
  - Acute Myelogenous Leukemia (AML): Peter's Story

- Video Learning Library

- Events
  - GVHD Telephone Support Group for Caregivers
  - 2020 New Options Coming Soon! For Celebrating a Second Chance at Life Survivorship
    ■ New Options Coming Soon
    ■ Meet Our Distinguished Faculty
    ■ Symposium Sponsors
  - Coronavirus: What Transplant Recipients Need to Know

- Publications and Products
  - Books
    ■ Autologous Stem Cell Transplants: A Handbook for Patients
    ■ Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    ■ Graft-versus-Host Disease: What to Know, What to Do
    ■ CAR T-Cell Therapy: What to Expect Before, During and After
    ■ Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    ■ Trasplantes de Médula Ósea y de Células Madre Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos
    ■ Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.
  - Brochures
    ■ BMT InfoNet's Resource Directory
    ■ BMTInfoNet Introductory Brochure
    ■ Helpful Hints for Caregivers
    ■ Caring Connections Program
    ■ Eating Well, Living Well after Transplant
    ■ Living Well After Transplant
    ■ Spanish Resources for Patients from BMT InfoNet
    ■ Spanish Version: Eating Well, Living Well Brochure
    ■ Spanish version: Helpful Hints for Caregiver
  - T-Shirts
    ■ Strength T-Shirt
    ■ Chemo Brain T-shirt
    ■ Stop GVHD T-Shirt
    ■ Transplant: The Ultimate Makeover T-shirt (pink with white)
    ■ Transplant: The Ultimate Makeover T-shirt (navy with green)
    ■ Transplant: The Ultimate Makeover T-shirt (navy with white)
  - Gift Items
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Nervous System and Muscles GVHD

Occasionally, graft-versus-host disease can affect the nervous system and muscles, causing pain and weakness.

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