Transplant Basics
- **What is a Blood Stem Cell Transplant?**
- **Diseases Treated by Transplant**
- **Preparing for Transplant**
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- **Role of the Family Caregiver**
- **The Transplant and Early Recovery Period**
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- **Returning Home**
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- **Graft-versus-Host-Disease**
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
  - Nervous System and Chronic GVHD
  - Infection and GVHD
  - Drugs Used to Treat Graft-versus-Host Disease
  - Coping with the Stress of GVHD
  - GVHD Caregivers
  - Clinical Trials/New Treatments for GVHD
- **Late Complications**
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward

CAR T-cell therapy
- What is CAR T-cell therapy
- Medical Centers that offer CAR T-cell Therapy
- Steps Involved in CAR T-cell Therapy
- Side Effects of CAR T-cell therapy
- Follow-Up Care after CAR T-cell Therapy
- Coping with Stress During CAR T-cell Therapy
- The Role of the Caregiver
- Financial Considerations for CAR T-cell Therapy Patients
- Does CAR T-cell Therapy Cure Cancer?

Find Treatment
- Transplant Centers
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- Graft-versus-Host-Disease Directory
- Directory of Mental Health Providers

Get Help
- Talk to a Survivor or Family Caregiver
- Volunteer for our Peer Support Program
- Support Groups
- Resource Directory
- BMT InfoNet Patient Assistance Fund
- Mental Health Providers Directory

Stories
- Myelofibrosis: Justin's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
- Juvenile Myelomonocytic Leukemia: Joseph's Story
- Acute Myeloid Leukemia (AML): Tabatha's Story
- SÃ©zary Syndrome: Elizabeth's Story
- Sickle Cell Disease: Dominique's story
- Acute Lymphoblastic Leukemia: Paige McCoy
- Chediak-Higashi Syndrome: Aanamyauri Williams
- Transplant Survivor - Surviving COVID-19
- Pediatric Transplant: Alicia's Story
- Acute Lymphoblastic Leukemia (ALL): Nikki's Story
- Acute Lymphoblastic Leukemia + Ph: Danielâ€™s Story
- Acute Myelogenous Leukemia (AML): Peter's Story
- Acute Myeloid Leukemia (AML): Braulio's Story
- Acute Myeloid Leukemia (AML): Heather's story
- Acute Myeloid Leukemia (AML): Steve's Story
- Aplastic Anemia - Nancy McLain, transplanted 1963
- Chronic Myelogenous Leukemia: Amanda's Story
- Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
- Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
- Hodgkin Disease: Jacquelineâ€™s Story
- Hodgkin Disease: Matt's Story
- Multiple Myeloma: Thomas' Story
- Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
- Myelofibrosis: Barry and Hope's Story
- Non-Hodgkin Lymphoma: Patricia's Story
- Sickle Cell: Khadijah's Story

Video Library

Events
- Caregivers Support Group for adult patients with GVHD
- Writing is Healing Workshop
- GVHD Patient Support Group - Fall 2022
- Celebrating a Second Chance at Life Symposium 2022

Publications & Products
- Books
  - Autologous Stem Cell Transplants: A Handbook for Patients
Role of the Family Caregiver

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    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Transplantes AuÃ³logos de CÃ©lulas Madre: Un Manual para Pacientes
    - Transplantes de MÃ­culas y de CÃ©lulas Madre SanguÃ­neas: Una GuÃ­a Para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesita hacer.
    - Terapia de CÃ©lulas CAR T: QuÃ© Esperar Antes, Durante y DespÃ³s
    - BMT InfoNet's Resource Directory
  - Brochures
    - BMTInfoNet Introductory Brochure
    - Living with GVHD
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Recursos en EspaÃ±ol para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
    - ComerBien y Vivir Bien Despues Transplante (Eating Well, Living Well after Transplant)
    - Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)
  - T-Shirts
    - Strength T-Shirt
    - Chemo Brain T-shirt
    - Stop GVHD T-Shirt
    - Transplant: The Ultimate Makeover T-shirt (pink with white)
    - Transplant: The Ultimate Makeover T-shirt (navy with green)
    - Transplant: The Ultimate Makeover T-shirt (navy with white)
  - Gift Items
    - Vintage Enamel Pendant - Red and Blue
    - Vintage Enamel Pendant - White
    - Vintage Enamel Pendant - Blue
Financial Considerations for CAR T-cell Therapy Patients

CAR T-cell therapy may or may not be fully covered by insurance. In addition to medical expenses, it's important to plan for the many incidental expenses that can arise during treatment and recovery.