Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
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  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
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- Late Complications
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  - Sexual Health after Transplant
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- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward

GVHD
- What is Graft-versus-Host Disease
- Acute Graft-versus-Host Disease
- Chronic Graft-versus-Host Disease
- Skin and Chronic GVHD
- Joints, Fascia, Muscles and Chronic GVHD
- Eyes and Chronic GVHD (Ocular GVHD)
- Mouth and Chronic GVHD
- Lungs and Chronic GVHD
- Liver, Gastrointestinal Tract and Chronic GVHD
- Genitals and Chronic GVHD
- **Being A Caregiver: CAR T-Cell Therapy**
- **Writing is Healing Workshop**
- **Caregivers Support Group for adult patients with GVHD**
- **GVHD Patient Support Group - Fall 2022**
- **View 2022 Workshops**

**Publications**

**Books**
- [Autologous Stem Cell Transplants: A Handbook for Patients](#)
- [Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients](#)
- [Graft-versus-Host Disease: What to Know, What to Do](#)
- [CAR T-Cell Therapy: What to Expect Before, During and After](#)
- [Trasplantes Autólogos de Células Madre: Un Manual para Pacientes](#)
- [Trasplantes de Médula Ósea y de Células Sanguíneas: Una Guía Para Pacientes y sus Seres Queridos](#)
- [Enfermedad Injerto contra Huésped: Qué necesita saber. Qué necesita hacer.](#)
- [Terapia de Células CAR T: Qué Esperar Antes, Durante y Después](#)

**Brochures**
- [BMTInfoNet Introductory Brochure](#)
- [Living with GVHD](#)
- [Helpful Hints for Caregivers](#)
- [Caring Connections Program](#)
- [Eating Well, Living Well after Transplant](#)
- [Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)](#)
- [Comer Bien y Vivir Bien Después de la Transplante (Eating Well, Living Well after Transplant)](#)
- [Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)](#)

**T-Shirts**
- [Strength T-Shirt](#)
- [Chemo Brain T-shirt](#)
- [Stop GVHD T-Shirt](#)
- [Transplant: The Ultimate Makeover T-shirt (pink with white)](#)
- [Transplant: The Ultimate Makeover T-shirt (navy with green)](#)
- [Transplant: The Ultimate Makeover T-shirt (navy with white)](#)

**Gift Items**
- [Vintage Enamel Pendant - Red and Blue](#)
- [Vintage Enamel Pendant - White](#)
- [Vintage Enamel Pendant - Blue](#)
- [Gift of Life Necklaces (White Only)](#)
- [Turquoise Necklace](#)
- [Just Marrowed Cap](#)
CAR T-cell Therapy Centers
Graft-versus-Host-Disease Directory
Directory of Mental Health Providers

Get Help
Caring Connections: Talk to a Survivor or Family Caregiver
Caring Connections: Volunteer to provide Peer Support
Support Groups
Resource Directory
Mental Health Providers Directory
BMT InfoNet Patient Assistance Fund

Stories
Spotlight on a Survivor: Multiple Myeloma Spencer's Story
Transplant Survivor - Surviving COVID-19
Acute Lymphoblastic Leukemia (ALL): Nikki's Story
Acute Lymphoblastic Leukemia + Ph: Daniel’s Story
Acute Lymphoblastic Leukemia/Pediatric Transplant: Alicia's Story
Acute Lymphoblastic Leukemia: Paige McCoy
Acute Lymphoblastic Leukemia: Whitney's Story
Acute Myelogenous Leukemia (AML): Peter's Story
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Aplastic Anemia - Nancy McLain, transplanted 1963
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Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
Hemophagocytic Lymphohistiocytosis (HLH): Misila's Story
Hodgkin Disease: Jacqueline’s Story
Hodgkin Disease: Matt's Story
Juvenile Myelomonocytic Leukemia: Joseph's Story
Multiple Myeloma/Acute Myelogenous Leukemia: Jim’s Story
Multiple Myeloma: Thomas' Story
Myelofibrosis: Barry and Hope's Story
Myelofibrosis: Justin's Story
Non-Hodgkin Lymphoma: Patricia's Story
Sézary Syndrome: Elizabeth's Story
Sickle Cell Disease: Dominique's story
Sickle Cell: Khadijah's Story
Share Your Story

Video Library

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Coping with Stress During CAR T-cell Therapy

It's normal to be worried, anxious or sad while undergoing and recovering from CAR T-cell therapy.

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