Transplant Basics

- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant

- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period

- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope

- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse

- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward

- GVHD
  - What is Graft-versus-Host-Disease
  - Acute Graft-versus-Host Disease
  - Chronic Graft-versus-Host Disease
  - Skin and Chronic GVHD
  - Joints, Fascia, Muscles and Chronic GVHD
  - Eyes and Chronic GVHD (Ocular GVHD)
  - Mouth and Chronic GVHD
  - Lungs and Chronic GVHD
  - Liver, Gastrointestinal Tract and Chronic GVHD
  - Genitals and Chronic GVHD
Being A Caregiver: CAR T-Cell Therapy
Writing is Healing Workshop
Caregivers Support Group for adult patients with GVHD
GVHD Patient Support Group - Fall 2022
View 2022 Workshops

- **Publications**
  - **Books**
    - Autologous Stem Cell Transplants: A Handbook for Patients
    - Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
    - Graft-versus-Host Disease What to Know, What to Do
    - CAR T-Cell Therapy: What to Expect Before, During and After
    - Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
    - Trasplantes de Médula Ósea y de Células Sanguíneas: Una Guía para Pacientes y sus Seres Queridos
    - Enfermedad Injerto contra Huésped: Qué necesita saber, Qué necesita hacer.
    - Terapia de Células CAR T: Qué Esperar Antes, Durante y Después
  - **Brochures**
    - BMTInfoNet Introductory Brochure
    - Living with GVHD
    - Helpful Hints for Caregivers
    - Caring Connections Program
    - Eating Well, Living Well after Transplant
    - Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
    - Comer Bien y Vivir Bien Después de la Transplante (Eating Well, Living Well after Transplant)
    - Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)
  - **T-Shirts**
    - Strength T-Shirt
    - Chemo Brain T-shirt
    - Stop GVHD T-Shirt
    - Transplant: The Ultimate Makeover T-shirt (pink with white)
    - Transplant: The Ultimate Makeover T-shirt (navy with green)
    - Transplant: The Ultimate Makeover T-shirt (navy with white)
  - **Gift Items**
    - Vintage Enamel Pendant - Red and Blue
    - Vintage Enamel Pendant - White
    - Vintage Enamel Pendant - Blue
    - Gift of Life Necklaces (White Only)
    - Turquoise Necklace
    - Just Marrowed Cap

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CAR T-cell Therapy Centers
Graft-versus-Host-Disease Directory
Directory of Mental Health Providers

Get Help
Caring Connections: Talk to a Survivor or Family Caregiver
Caring Connections: Volunteer to provide Peer Support
Support Groups
Resource Directory
Mental Health Providers Directory
BMT InfoNet Patient Assistance Fund

Stories
Spotlight on a Survivor: Multiple Myeloma Spencer's Story
Transplant Survivor - Surviving COVID-19
Acute Lymphoblastic Leukemia (ALL): Nikki's Story
Acute Lymphoblastic Leukemia + Ph Danielâ€™s Story
Acute Lymphoblastic Leukemia/Pediatric Transplant: Alicia's Story
Acute Lymphoblastic Leukemia: Paige McCoy
Acute Lymphoblastic Leukemia: Whitney's Story
Acute Myelogenous Leukemia (AML): Peter's Story
Acute Myeloid Leukemia (AML): Braulio's Story
Acute Myeloid Leukemia (AML): Heather's story
Acute Myeloid Leukemia (AML): Steve's Story
Acute Myeloid Leukemia (AML): Tabatha's Story
Aplastic Anemia - Nancy McLain, transplanted 1963
Aplastic Anemia: Nancy's Story, transplanted 1960
Chediak-Higashi Syndrome: Aanamyauri Williams
Chronic Myelogenous Leukemia: Amanda's Story
Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
Hodgkin Disease: Jacquelineâ€™s Story
Hodgkin Disease: Matt's Story
Juvenile Myelomonocytic Leukemia: Joseph's Story
Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
Multiple Myeloma: Thomas' Story
Myelofibrosis: Barry and Hope's Story
Myelofibrosis: Justin's Story
Non-Hodgkin Lymphoma: Patricia's Story
SÃ©zary Syndrome: Elizabeth's Story
Sickle Cell Disease: Dominique's story
Sickle Cell: Khadijah's Story
Share Your Story

Video Library
Events
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- BMT InfoNet's Resource Directory

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### Protect Your Fertility after Transplant

Most patients are infertile after a bone marrow or stem cell transplant. Learn about options that may preserve your fertility.

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- Home
- Protect Your Fertility after Transplant

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