Transplant Basics
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
  - Being a Related Donor
  - Being an Unrelated Donor
  - Donating Umbilical Cord Blood
  - Emotional Challenges
  - Preparing Family and Friends
  - Insurance and Financial Issues
  - Protect Your Fertility
  - Preparing For Your Child's Transplant
- Role of the Family Caregiver
- The Transplant and Early Recovery Period
  - Conditioning or Preparative Regimen
  - Day of Transplant
  - Early Recovery Period
- Returning Home
  - Preparing a Safe Home
  - Preventing Infection
  - Nutrition after Transplant
  - Emotional Challenges After Transplant
  - Employment and Financial Health
  - Helping Children Cope
- Late Complications
  - Learning and Memory Problems
  - Chronic Fatigue and Sleep Problems
  - Sexual Health after Transplant
  - Peripheral Neuropathy
  - Late Effects on Organs and Tissues
  - Secondary Cancer
  - Late Effects of a Pediatric Transplant
  - Relapse
- Life after Transplant
  - Long Term Health Guidelines
  - Building a Family after Transplant
  - Pay it Forward

GVHD
- What is Graft-versus-Host-Disease
- Acute Graft-versus-Host Disease
- Chronic Graft-versus-Host Disease
- Skin and Chronic GVHD
- Joints, Fascia, Muscles and Chronic GVHD
- Eyes and Chronic GVHD (Ocular GVHD)
- Mouth and Chronic GVHD
- Lungs and Chronic GVHD
- Liver, Gastrointestinal Tract and Chronic GVHD
- Genitals and Chronic GVHD
• **Being A Caregiver: CAR T-Cell Therapy**
• **Writing is Healing Workshop**
• **Caregivers Support Group for adult patients with GVHD**
• **GVHD Patient Support Group - Fall 2022**
• **View 2022 Workshops**

**Publications**

**Books**
- Autologous Stem Cell Transplants: A Handbook for Patients
- Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
- Graft-versus-Host Disease: What to Know, What to Do
- CAR T-Cell Therapy: What to Expect Before, During and After
- Trasplantes Autólogos de Células Madre: Un Manual para Pacientes
- Trasplantes de Médula Ósea y de Células Madre Sangüíneas: Una Guía Para Pacientes y sus Seres Queridos
- Enfermedad Injerto contra Huésped: Qué necesitas saber, Qué necesitas hacer.
- Terapia de Células CAR T: Qué Esperar Antes, Durante y Después

**Brochures**
- BMTInfoNet Introductory Brochure
- Living with GVHD
- Helpful Hints for Caregivers
- Caring Connections Program
- Eating Well, Living Well after Transplant
- Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
- Comer Bien y Vivir Bien Despues de Un Trasplante (Eating Well, Living Well after Transplant)
- Tarjeta Consejos Utiles para los Cuidadores (Helpful Hints for Caregivers)

**T-Shirts**
- Strength T-Shirt
- Chemo Brain T-shirt
- Stop GVHD T-Shirt
- Transplant: The Ultimate Makeover T-shirt (pink with white)
- Transplant: The Ultimate Makeover T-shirt (navy with green)
- Transplant: The Ultimate Makeover T-shirt (navy with white)

**Gift Items**
- Vintage Enamel Pendant - Red and Blue
- Vintage Enamel Pendant - White
- Vintage Enamel Pendant - Blue
- Gift of Life Necklaces (White Only)
- Turquoise Necklace
- Just Marrowed Cap

---

**Search form**

Search [ ]

Search [ ]

---

**BMTinfonet.org**

---

**Transplant Basics**
- What is a Blood Stem Cell Transplant?
- Diseases Treated by Transplant
- Preparing for Transplant
  - Choosing a Transplant Center
  - Pre-Transplant Tests
  - How Bone Marrow and Stem Cells are Collected
  - Finding a Donor
CAR T-cell Therapy Centers
Graft-versus-Host-Disease Directory
Directory of Mental Health Providers

Get Help
Caring Connections: Talk to a Survivor or Family Caregiver
Caring Connections: Volunteer to provide Peer Support
Support Groups
Resource Directory
Mental Health Providers Directory
BMT InfoNet Patient Assistance Fund

Stories
Spotlight on a Survivor: Multiple Myeloma Spencer's Story
Transplant Survivor - Surviving COVID-19
Acute Lymphoblastic Leukemia (ALL): Nikki's Story
Acute Lymphoblastic Leukemia + Ph: Danielâ€™s Story
Acute Lymphoblastic Leukemia/Pediatric Transplant: Alicia's Story
Acute Lymphoblastic Leukemia: Paige McCoy
Acute Lymphoblastic Leukemia: Whitney's Story
Acute Myelogenous Leukemia (AML): Peter's Story
Acute Myeloid Leukemia (AML): Braulio's Story
Acute Myeloid Leukemia (AML): Heather's story
Acute Myeloid Leukemia (AML): Steve's Story
Acute Myeloid Leukemia (AML): Tabatha's Story
Aplastic Anemia - Nancy McLain, transplanted 1963
Aplastic Anemia: Nancy's Story, transplanted 1960
Chediak-Higashi Syndrome: Aanamyauri Williams
Chronic Myelogenous Leukemia: Amanda's Story
Chronic Myelomonocytic Leukemia (CMML): Gordon's Story
Hemophagocytic Lymphohistiocytosis (HLH): Logan's Story
Hemophagocytic Lymphohistiocytosis (HLH): Mistha's Story
Hodgkin Disease: Jacquelineâ€™s Story
Hodgkin Disease: Matt's Story
Juvenile Myelomonocytic Leukemia: Joseph's Story
Multiple Myeloma/Acute Myelogenous Leukemia: Jimâ€™s Story
Multiple Myeloma: Thomas' Story
Myelofibrosis: Barry and Hope's Story
Myelofibrosis: Justin's Story
Non-Hodgkin Lymphoma: Patricia's Story
SÃ©zary Syndrome: Elizabeth's Story
Sickle Cell Disease: Dominique's story
Sickle Cell: Khadijah's Story
Share Your Story

Video Library

Events
Being A Caregiver: CAR T-Cell Therapy
Writing is Healing Workshop
Caregivers Support Group for adult patients with GVHD
GVHD Patient Support Group - Fall 2022
View 2022 Workshops

Publications
Books

Autologous Stem Cell Transplants: A Handbook for Patients
Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients
Graft-versus-Host Disease What to Know, What to Do
CAR T-Cell Therapy: What to Expect Before, During and After
Transplantes AuÃ±logos de CÃ¡lulas Madre: Un Manual para Pacientes
Transplantes de MÃ©dula Â“sea y de CÃ¡lulas Madre SanguÃneas: Una GuÃ­a Para Pacientes y sus Seres Queridos
Enfermedad Injerto contra HuÃ©sped: QuÃ© necesita saber, QuÃ© necesitaÃ­a hacer.
Terapia de CÃ¡lulas CAR T: QuÃ© Esperar Antes, Durante y DespuÃ©s
BMT InfoNet's Resource Directory

Brochures
BMTInfoNet Introductory Brochure
Living with GVHD
Helpful Hints for Caregivers
Caring Connections Program
Eating Well, Living Well after Transplant
Recursos en Español para Pacientes (Resources in Spanish from BMT InfoNet for Transplant Patients)
ComerBien y Vivir Bien Después de Transplante (Eating Well, Living Well after Transplant)
Tarjeta Consejos Útiles para los Cuidadores (Helpful Hints for Caregivers)

- **T-Shirts**
  - Strength T-Shirt
  - Chemo Brain T-shirt
  - Stop GVHD T-Shirt
  - Transplant: The Ultimate Makeover T-shirt (pink with white)
  - Transplant: The Ultimate Makeover T-shirt (navy with green)
  - Transplant: The Ultimate Makeover T-shirt (navy with white)

- **Gift Items**
  - Vintage Enamel Pendant - Red and Blue
  - Vintage Enamel Pendant - White
  - Vintage Enamel Pendant - Blue
  - Gift of Life Necklaces (White Only)
  - Turquoise Necklace
  - Just Marrowed Cap

### Search form

- Enter search term
- Search

### What is a Blood Stem Cell Transplant?

Blood stem cell transplants include bone marrow, peripheral blood stem cell and cord blood transplants.

### You are here

- [Home](#)
- [What is a Blood Stem Cell Transplant?](#)

### Share this page

- [Share This Page](#)